

FROZEN

By Lorraine Viade, Psy.D.



The latest Disney offering is a breathtakingly beautiful rendering of the Hans Christian Anderson tale of the Snow Queen, made modern and intense by the vocal talents of Kristen Bell and Idina Menzel. The story provides twist after frosty twist as we root for two sisters whose tragic childhoods leave them needy and in need of rescuing. Given that Disney films excel in rescue missions, princes, princesses and queens, *Frozen* reaches new heights both visually and in storyline.

If you enjoy stories that have moral lessons, teach us about the importance of family loyalty, adventure and self-acceptance, *Frozen* is for you. Because the singing talents of Bell and Menzel are so awesome I felt as though I was watching an animated Broadway musical instead of a Disney animated modern classic. I loved it. From beginning to end, there are lessons to be learned, obstacles to overcome and the requisite happy endings. I doubt if I give anything away here. But as in real life, it is all about the journey not the ending. I was transfixed in amazement by the beautiful ice sculptures. I was reluctant to see this film at first because I didn't like the non-traditional snowman that plays a significant part in the process.

However, the little guy won me over. I guess you need a non-traditional snowman for a non-traditional story where the men are not what they seem and the power is not where you think it is. There is the sweetest reindeer in the mix and a lot of action along the way. I can surely see this as a live production. How we learn about love, devotion and family ties often happens from unexpected challenges and knowing that we are stronger together than we are separately.

Frozen is a great family movie and a great date movie. It is just a great movie if you like beautiful music, scenery and characters. I would see it again.

I give *Frozen* five snowflakes.

